

"Those **first seven years** are the years when you are conditioned, stuffed with all kinds of ideas which will go on haunting you your whole life, which will go on distracting you from your potentiality, which will corrupt you, which will never allow you to see clearly. They will always come like clouds before your eyes, they will make everything confused.

Things are clear, very clear – existence is absolutely clear – but your eyes have layers upon layers of dust. And all that dust has been arranged in the first seven years of your life when you were so innocent, so trusting, that whatsoever was told to you you accepted as truth.

And whatsoever has gone into your foundation, later on it will be very difficult for you to find: it has become almost part of your blood, bones, your very marrow. You will ask a thousand other questions but **you will never ask about the basic foundations of your belief.**

The first expression of love towards the child is to leave his first seven years absolutely innocent, unconditioned, to leave him for seven years completely wild, a pagan." Osho-from darkness to light CH2

"Diese **ersten sieben Jahre** sind die Jahre, in denen du konditioniert wirst, vollgestopft mit allen möglichen Ideen, die dich dein ganzes Leben lang verfolgen werden, die dich von deiner Berufung ablenken werden, die dich verderben werden, die dir niemals erlauben werden, klar zu sehen. Sie werden immer wie Wolken vor Ihren Augen auftauchen, sie werden alles durcheinander bringen. Die **Dinge sind klar, sehr klar - die Existenz ist absolut klar** - aber Ihre Augen haben Schichten über Schichten von Staub. Und all dieser Staub wurde in den ersten sieben Jahren Ihres Lebens angeordnet, als Sie so unschuldig waren, so vertrauensvoll; dass Sie **alles, was Ihnen gesagt wurde, als Wahrheit akzeptierten.**

Und was auch immer in Ihr Fundament eingedrungen ist, wird später sehr schwer für Sie zu finden sein: Es ist fast Teil Ihres Blutes, Ihrer Knochen, Ihres Marks geworden. Ihr werdet tausend andere Fragen stellen, aber ihr werdet nie nach den Grundlagen eures Glaubens fragen. (www.lovebirth.de/inochi-no) Der erste Ausdruck der Liebe gegenüber dem Kind ist, seine ersten sieben Jahre absolut unschuldig zu lassen, unconditioniert zu lassen, ihn sieben Jahre lang völlig wild zu lassen, ein Heide." Osho „**Heidentum**“ (lat. paganus „heidnisch“; lat. pagus „Dorf“) bezeichnet religions-geschichtlich aus christlicher Sicht den Zustand, nicht zu einer der monotheistischen Religionen zu gehören

A man can live without God; there is no intrinsic necessity. *From Darkness to Light 37 Osho CHAPTER 3*

”Millions of people have lived without God. God is nothing that is inevitably needed by you. Yes, I have my idea; that too is in the combination of all these ideals in this collection. You can choose that, but I am not saying that my idea is the right idea. It appeals to me; it may not appeal to you.”

There is **no inner necessity that the son should agree with the father.** In fact it seems far better that he should not agree. That’s how evolution happens. If every child agrees with the father then there will be no evolution, because the father will agree with his own father, so everybody will be where God left Adam and Eve – naked, outside the gate of the garden of Eden. Everybody will be there.

Because sons have disagreed with their fathers, forefathers, with their whole tradition, man has evolved. **This whole evolution is a tremendous disagreement with the past.**

The more intelligent you are, the more you are going to disagree.

But parents appreciate the child who agrees; they condemn the child who disagrees.

It was the practice in my family to produce me in front of anybody to condemn me. Any visitor to the family, any guest of the family ... and I would be called. And I knew for what, but I enjoyed it. I was called to be condemned: ”And this boy is in disagreement with everything.” In Hindi there is a phrase for it: **ulti khopdi** – it means upside-down skull. So that was the phrase used for me.

I said, **"It is true, but the reality is, I look upside down to all these people because they are standing on their heads.** They are doing yoga asanas, shirshasana – headstand posture. I am simply standing on my feet. **I am the only one here who does not believe in any kind of nonsense.**

They are right, because to them it must appear that I am standing upside down. And they are in the majority – perhaps you also belong to them. "But this is the usual procedure: they don't answer my questions, they only condemn my disagreement. Now this is inhuman. If you answer my question, and still I disagree, then certainly I am stubborn. But have you answered a single question of mine? Have you satisfied me? **Have you any right to condemn me because I disagree?"**

In India, at the end of the monsoon there is a festival of lights, **diwali**, when the whole country becomes very festive and every house has thousands of small earthen lamps decorating all the walls, balconies. The whole town becomes a fairyland, the whole country turns into a fairyland, with firecrackers and great rejoicing. That day they worship money. Darkness to Light s38
The goddess of money is Laxmi. Laxmi is the wife of the Hindu god, Narayana, and of course a god's wife should be the goddess of wealth. In fact one of the Indian words for god, **iswar**, means "one who has all the wealth of the world." His wife is the goddess of wealth. And on the night of **the festival of lights they worship money.**

Before paper currency came into being they used to make a pile of silver rupees and worship them. Now they put paper money and worship it. Before silver rupees there were golden rupees. The word rupee simply means gold; it comes from Sanskrit. It is an Indian word ... because in the beginning the coin was gold, pure gold, so the word rupia, which became in English, rupee, was meaningful.

They used to worship gold, then came silver, then came paper currency. And they went on ... the question is of worshipping money. I never participated in their worship. I simply hated the whole idea and I told them, **"This is one of the ugliest things you can do. Money is something to be used, not worshipped.** On the one hand your religions teach that money is nothing but dust. On the one hand it is dust, on the other hand it becomes a goddess. **And you cannot see your split mind?**

"On the one hand you praise a man as a sage if he renounces money; then he becomes synonymous with God because he renounced money and everything. And on the other hand you worship money.

Can you in some way help me to understand? Is there not a clear-cut contradiction?

"If money is God's wife then in the first place the person who renounces God's wife is a criminal. In the first place why did he possess God's wife? – that seems to be absolutely illegal. He should be caught and imprisoned. In the first place was he pretending to be God's wife's husband?"

My father would say, "You just keep quiet; at least let us finish our worship." I would say, "No, first I want my answer." And I had a big stool in my house – they used to use it as a ladder for taking things up or down – so wherever they would be worshipping, in the main hall of the house, I would sit on that stool. And they would say, "At least please come down. You are sitting on that stool." I said, "No, I want my answers.

I see so much stupidity in it, because I have seen you touching people's feet who have renounced money. Then you tell me that this man is great, a sage: he has kicked all that is thought to be valuable and that needs courage and guts. But what are you doing? If that man is right to renounce all this money, at least stop worshipping it. And you have to answer me; otherwise my disagreement continues."

My mother would say to me, "On such days you should be out of the house because you don't know – if the goddess Laxmi becomes angry we will all starve and be hungry and die poor."

I said, "I have been doing this year after year, sitting on my stool. I don't see that your goddess can do anything. If she can, I challenge her – let her, because at least that will give me some answer." And when they were all finished with their worship I would go and kick their rupees, and spit on their rupees, and I would say, "Now this is what I wanted to do; now let us see who is rewarded." They could not prevent me, although they tried hard.

I said, "You cannot prevent me. ***I will do what I want to do, unless you prove me wrong.*** And you call me in front of everybody saying that I am in disagreement about everything. I have to be in disagreement about everything, for the simple reason that you go on doing things that **any intelligent person would see the contradiction** in."

For example, in India, if somebody has smallpox it is not thought to be a physical disease. **Darkness to Light s39** Smallpox is called in India, mata; mata means mother goddess. And in every town there is a temple for the mother goddess, or many temples ... the mother goddess is angry, that's why poor little children are suffering from smallpox. People like Mahatma Gandhi were against vaccination because it was unnatural. Smallpox is natural. It destroys so many beautiful children's faces, their eyes, and it kills many. And the prophet of non-violence was against vaccination because he was against anything scientific – and moreover it was thought the disease is not a physiological disease, **it is a spiritual anger.**

One of my sisters died of smallpox, and I was very angry because I loved that sister more than any of my brothers or my sisters. I told them, "You have killed her. I have been telling you that she needs vaccination." I have suffered from smallpox, but at that time I could not say anything to you; I don't even remember it, it happened just in my first year. And every child suffers. When this girl was born I was insisting that she should be vaccinated. But you are all followers of Mahatma Gandhi: **Vaccination is against nature.** And to prevent ... the anger of the mother goddess will be dangerous. It will come in some other form."

And when the girl became sick with smallpox they were doing both things: they were taking medicine from the doctor and they were continuously going to worship the mother goddess. I said, "**Then please do one thing at least; either take the medicine, or go and worship your mother.**" But you are being cunning; you are even deceiving the mother goddess. I am honest, I spit on your mother goddess every day" – because I used to go to the river and the temple was just on the way so there was no harm; coming and going I would spit.

I said, "Whatsoever you do... but it is strange – I am spitting, I should suffer. Why should she suffer? And I cannot understand that the mother goddess becomes angry and small children suffer – who have not committed any crime, who have just arrived, who have not had time enough to do anything, nor are capable of doing anything. Others should suffer, but they are not suffering.

"And mother goddess you call her! You should call her a witch, because what kind of mother is she who makes small children suffer? And then you are cunning. You are also not certain; otherwise don't take the medicine. **Throw all the medicines; depend completely on your mother goddess.**

There too you are afraid. You are trying to **ride on two horses**. This is **sheer stupidity**. Either depend on the mother and let the girl die, or depend on the medicine, and forget about that mother." They would say, "**We can understand that there is a contradiction, but please don't bring it to our notice, because it hurts.**" I said, "Do you think it hurts only you, and it does not hurt me seeing my parents being stupid, silly? It does not hurt me? It hurts me more.

There is still time, you can change; but on the contrary, you are trying to change me, and **you call it help**. You think without your help I am going to be lost. Please let me be lost. At least I will have one satisfaction, that nobody else is responsible for my being lost; it is my own doing. I will be proud of it."

Up to seven years, if a child can be left innocent, uncorrupted by the ideas of others, then to distract him from his potential growth becomes impossible. The child's first seven years are the most vulnerable. And they are in the hands of parents, teachers, priests

From Darkness to Light s40OshoCHAPTER 3. HELP YOUR CHILD – PROTECT HIM FROM YOURSELF!

How to save children from parents, priests, teachers is a question of such enormous proportion that it seems almost impossible to find how to do it.

It is not a question of helping the child.

It is a question of ***protecting the child.***

***If you have a child, protect the child from yourself.
Protect the child from others who can influence him:
at least up to seven years, protect him.***

Be a parent is a difficult job, so unless you are ready to take that difficult job, don't become a parent. People simply go on becoming fathers and mothers not knowing what they are doing. **You are bringing a life into existence; all the care in the world will be needed.**

Now when the child starts playing his ***sexual rehearsals***, that is the time when parents interfere the most, because they have been interfered with. **All that they know is what has been done to them, so they simply go on doing that to their children.** From Darkness to Light s42 CH3 – Osho

The ***second circle of seven years*** is immensely important because it will prepare you for the coming seven years. If you have done the homework rightly, if you have played with your sexual energy just in the spirit of a sportsman – and at that time, that is the only spirit you will have – you will not become a pervert, a homosexual.

All kinds of strange things will not come to your mind because you are moving naturally with the other sex, the other sex is moving with you; there is no hindrance, and you are not doing anything wrong against anybody. Your conscience is clear because nobody has put into your conscience ideas of what is right, what is wrong: you are simply being whatever you are.

Then from ***fourteen to twenty-one your sex matures.*** And this is significant to understand: if the rehearsal has gone well, in the seven years when your sex matures a very strange thing happens that you may not have ever thought about, because you have not been given the chance.

I said to you that the ***second seven years, from seven to fourteen, give you a glimpse of foreplay.*** The third seven years give you a glimpse of afterplay. You are still together with girls or boys, but now a new phase starts in your being: ***you start falling in love.***

It is still not a biological interest. You are not interested in producing children, you are not interested in becoming husbands and wives, no. These are the years of romantic play. From Darkness to Light s46

You are more interested in beauty, in love, in poetry, in sculpture – which are all different phases of romanticism. And unless a man has some romantic quality he will never know what afterplay is. Sex is just in the middle. The longer the foreplay, the better the possibility of reaching the climax; the better opening for afterplay. And unless a couple knows afterplay they will never know what sex in its completion is.

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Societies don't allow sexual rehearsal, at least have not allowed it up to this century – only within the last two, three decades, and that too only in very advanced countries. Now children are having co-education. But in a country like India, even now co-education starts only at the university level.

The seven-year-old boy and the seven-year-old girl cannot be in the same boarding school. And this is the time for them – without any risk, without the girl getting pregnant, without any problems arising for their families – this is the time when ***they should be allowed all playfulness.***

Yes, it will have a sexual color to it, but it is rehearsal; it is not the real drama. If you don't allow them even the rehearsal and then suddenly one day the curtain opens, and the real drama starts And those people don't know what is going on; even a prompter is not there to tell them what to do. You have messed up their life completely.

Those seven years, the **second circle in life**, is significant as a rehearsal. They will meet, mix, play, become acquainted. And that will help humanity to drop almost ninety percent of perversions. If the children from seven to fourteen are allowed to be together; to swim together, to be naked before each other, ninety percent of perversions and ninety percent of pornography will simply disappear. Who will bother about it?

When a boy has known so many girls naked, what interest can a magazine like PLAYBOY have for him? When a girl has seen so many boys naked, I don't see that there is any possibility of curiosity about the other; it will simply disappear. **They will grow together naturally, not as two different species of animals.**

Right now that's how they grow: **two different species of animals**. They don't belong to one mankind; they are kept separate. A thousand and one barriers are created between them so they cannot have any rehearsal of their sexual life which is going to come.

In Hindi we have a proverb: **kheela pahad nikli chuhia**. 'You dug out the whole mountain and you found one rat.' After all the effort – going to the movies and going to the disco and going to the restaurant, and talking all kinds of nonsense which neither you want nor the other wants to do, but both are talking – digging the mountain, and in the end, just a rat! Nothing is so frustrating as sex.

Just the other day Vivek brought me one advertisement about a new car, Lagonda; in the advertisement they had a beautiful sentence that I liked. The sentence is: **"It is better than sex."** I don't care about the car – the advertisement is beautiful. Certainly if you look around you, you will find a thousand and one things better than sex. Sex is just a rat, and that too after so much huffing and puffing, so much perspiration ... and in the end both feel cheated.

The reason is that you don't know the art of sex; you know only the middle point. It is as if you see a film just in the middle for a few seconds. Naturally you can't make any sense of it; the beginning is missing, the end is missing. Perhaps you simply saw the interval ... where there was nothing.

Man feels ashamed after sex; he turns over and goes to sleep. He simply cannot face the woman. He feels ashamed, that's why he turns to his side and goes to sleep. The woman weeps and cries because this was not what she was hoping for. This is all? Then what is this whole drama all about?

But the reason is because **the rehearsal part in your life has been canceled by your society**. You don't know what foreplay is. Foreplay is really the most satisfying part in sex. Foreplay is more loving. Sex is simply a biological climax, but the climax of what? – you have missed everything that could have made it a climax. Do you think you suddenly reach to the climax, missing all the rungs of the ladder? You have to move up the ladder, rung by rung, only then can you reach the climax. Everybody wants the climax.

Now the foolish psychoanalysts and their kind have put an idea in people's minds of orgasm. Now, orgasm is even a higher stage than climax; it needs much more than climax. People are missing climax – their sexual life is nothing but a kind of relief. Yes, for a moment you feel relieved of a burden, just like a good sneeze. How good it feels afterwards! – but for how long? **How long can you feel good after a sneeze?** How many seconds, how many minutes can you brag that "I had such a sneeze, it was great." As the sneeze is gone, with it goes all the joy too.

It was simply something bothering you. You are finished with that botheration, there is a little relaxation. That's the sexual life of most of the people in the world. Some energy was bothering you, was making you heavy; it was turning into a headache. Sex gives you a relief.

But the way children are brought up is almost butchering their whole life. Those seven years of **sexual rehearsal are absolutely essential**. Girls and boys should be together in schools, in hostels, in swimming pools and beds. They should rehearse for the life which is going to come; they have to get ready for it. And there is no danger, there is no problem, if a child is given total freedom about his growing sexual energy and is not condemned, repressed – which is being done.

A very strange world it is in which you are living. **You are born of sex, you will live for sex, your children will be born out of sex – and sex is the most condemned thing, the greatest sin. And all the religions go on putting this crap in your mind.** They have made you almost brown bags.

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aus 2 Individuen entsteht durch Liebe und Zeugung eine neue Einheit, in deren Schutz das Neugeborene behütet aufwachsen kann.



Alles ist eine Einheit – Kind und Sonne – wachsen und bewegen – innen und außen

Im Sonnenkreis wächst das Leben, die Pflanze wie die Seele – Bewegung ist im Einklang mit dem Lebenskreis, wächst um zur Vollkommenheit zu reifen

dunkelblaues Quadrat, gelbe Sonnenscheibe mit grünem Keimblatt (die Quadratur des Kreises) Grün ist Ergebnis von Blau + Gelb, von All + Sonne...



Shimananda

 der
Erziehungskunst



Liebe - Geburt - Entfaltung
 Von der Empfängnis bis zum 1. Lebensjahr

Friedenserziehung als Same
„1+1“ der Erziehungskunst & Seitai
 von Liebe, Geburt, Entfaltung - im Einklang mit der Natur“

zeigt die Verstrickungen des Menschen mit seinen Eltern, Familie, Erziehungs- und Bildungsinstitutionen, Religion, Politik, Wirtschaft und Medien auf, sowie die Konditionierung des Denkens, Fühlens und Handelns auf verschiedenen Bewusstseinssebenen. Der Autor gibt Anregungen, wie sich der Mensch an seiner Wurzel erneuern kann. Mit jeder Geburt einen Mosaikstein zur Verschönerung des blauen Planeten Erde hinzufügt, indem die Lebens- und Liebeskraft für ein glückliches, gesundes und friedvolles Miteinander aller Menschen gelegt wird. Mit humorvoller Wortkraft führt dieses Buch von der Oberfläche der Erziehung in die Tiefen des Unbewussten, um unsere Vergangenheit zu reinigen, für ein freudvolles Jetzt in Freiheit. Der Autor beschreibt Möglichkeiten, werdende Eltern, Großeltern, Erzieher und Pädagogen, in einer „Natur- und Eltern-Schule“ in die Welt der Intuition, des Ur-Vertrauens und in die Weisheit der Natur zu begleiten. Jede Sekunde wird ein Mensch geboren, mit dem Samen, die Erde in ein Paradies zu verwandeln. Unser Wunsch ist es, die bedingungslose Entfaltung des menschlichen Potenzials im Einklang mit der Natur zu verwirklichen. Einfach da Sein - mit der Liebeskraft des Herzens - um wieder „eine große Familie“ zu sein.




Shimananda, der Autor des Buches, ist zur Sommeranwendung in München geboren. Er lebte in verschiedenen Kulturen, erlernte zwei Fremdsprachen, begleitete Könige, Scheiche, Präsidenten und Stars in den weltbesten Hotels, lernte Finanzmanagement, war Berater in Unternehmen und Persönlichkeits-Coach. Mit 20 Jahren wurde er Vater und Erzieher. Prägend war die Lehrzeit - seit Paris 1987 bis heute - bei bekannten Seitai-Lehrern aus Europa und Japan, die die traditionell japanische ZEN-Kunst des Nicht-Tun und „nicht-Denken“ lehren. 2012 gründete der Autor die „Natur- & Eltern-Schule Seitai“ in Bayern; dort begleitet er Paare mit Kinderwunsch, Pädagogen, Hebammen u.a. in der Ausbildung zum „Natural-Holistic-Guide“.

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