

"Natural-Holistic-Guide"

Nature & Parenting School Seitai



"Natural-Holistic-Guide" peace-education-training promotes and develops the innate life force.

It is designed for people of all ages who wish to gain a deeper understanding of the holistic life & development processes (Seitai*) – in harmony with nature.

Enrich your life with more independence, spontaneity and self-responsibility by increasingly trusting your own intuition and instinct.

A, What are the aims of the "Natural Holistic Guide" training programme?

- * Promotion and development of the life and love force "hara"
- * Harmonize body & mind with the regenerating movement "katsugen"
- * Release of one-sided tensions "taiheki"
- * Joy of life & health through deepened breathing
- * Elasticity of the body and agility of the mind
- * Serenity and calmness – trust in the inner wisdom of naturalness
- * Development of intuition and instinct "tenshin"
- * Stimulation & activation of the involuntary nervous system (ePN)
- * Recognising the holistic connections between health & illness
- * Understanding and accompanying regenerative processes
- * Intuitive laying on of hands without intention "Yuki"
- * Gratitude for all natural life processes in our body

Focus: Unconscious fears dissolve as well as tensions and toxins that were previously tolerated in the body. You are awake, aware and clear – without judgement. You increasingly take responsibility for all aspects of your life. Thanks to your knowledge of edible wild plants & medicinal herbs, your respect & love for "Mother Earth", which sustains and nourishes us, grows.

B, What is a "Natural-Holistic-Guide"?

- * a holistic companion of body & development processes
- * a "student" who revitalises his original and intuitive knowledge
- * Recogniser of unconscious "programming" & solutions

C, What characterises a "Natural-Holistic-Guide"?

A "Natural-Holistic-Guide" (NHG) is not a therapist or healer, but an **ambassador of trust in one's own life forces.**

D, duration/contribution

Duration of training 6 days -> **1.-8. September 2024** "Bhakti Marga" Springen/Wiesbaden
Training fees "iPeP-NHG": € 450,- +/- plus accommodation & meals (apply for stipendium)*

Registration: Michael **Shimananda** Bhaktadas Rother * e-mail: shima@seitai.de

Seitai.de/iPeP*

Lovebirth.de/seitai-ausbildung-Natural-Holistic-Guide

*** "Seitai" is registered & approved by Japanese Ministry of Education & Science ***