

what happens. It may not be easy, but it will be important to proceed with determination and hope.”

The Synchronic Book also offered a significant message: “3-5-3 Why intervene only after the vase has broken? Let us help it before it breaks. Let us help one another before anything happens.”

Overall, the response was full of encouragement and hope: to remain united, to have faith, and to move forward with caution toward what the future will bring.

Subsequently, we celebrated the Rite of Marriage with the Damanhur deities. Thirty Initiates, including Fenice, exchanged their candles, thus also confirming the bond that unites them. Just as expressed in the morning prayer, it was a splendid day dedicated to unity and communion among us.

We sincerely thank all those who shared these very special moments with us.

*NOTES- (1) May 31 in Orovelj corresponded to the late afternoon of May 30 at the Amphitheater.*

*The QDq Editorial Team thanks Apolemia for the beautiful report.*

*Photo at the bottom*

**LIBERSCHOOL**

## Peace Education School“

& SEITAI at LiberSchool

On **Saturday 6 June at 9 am**, there will be an introduction to ‘Seitai’, during which we can discover the inner spontaneous movement known as ‘Katsugen Undo’ – an innate activity of the extrapyramidal system that brings the body into harmony and natural balance.



This means immersing ourselves in deep relaxation – reaching right down to the cellular level and blood vessels – where tension is often held for many years and cannot be released through conscious exercise.

We will then present the programme of the “International Peace Education School”; it aims to instil in young people and couples a trust in the processes of life and nature and to help them embody these. It supports natural health, conception, pregnancy and a

joyful birth, which promotes the health and beauty of the mother as well as the vitality of the baby.

The aim is to foster a pregnancy based on

trust and to prepare body and mind for a pain-free birth. We will examine the essential aspects of a natural birth - free from trauma and violence.

Another aspect is ‘Taiheki’, which reveals physical and mental predispositions. It helps us to understand ourselves more deeply and to value our fellow human beings. ‘Taiheki’ (somato-psychic) provides guidance on how children can be supported individually during their early years.

We will also learn how, through intuitive laying on of hands (‘yuki’) in a state of ‘no-mind’ devoid of intention, we can establish a connection with the mother and the foetus in the womb – in order to foster the baby’s primal trust in its divine development.

On Sunday, 7.6. we will repeat deep Seitai practices and enjoy realigning the body and bringing the mind into balance. On **Sunday, from 9 am**, there will again be an opportunity to deepen the Seitai practice “Katsugen + Yuki” and address participants’ questions. Please register at: [shima@seitai.de](mailto:shima@seitai.de) → Places are limited – THANK YOU!

There is no participation fee, but we ask that you show your appreciation for the space and the Seitai practice with a suitable donation.

Further information on the „Seitai-peace education programm“: <https://lovebirth.de/popolo>

“Seitai – the wisdom of the womens body” - Free e-book for participants!

**Seitai is approved by japanese Ministry of Education & Science**

Shimananda practise Seitai since Paris 1987

„Green Phoenix-Vision“ [www.lovebirth.de/ipep](http://www.lovebirth.de/ipep)

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“katsugen-undo” - regenerative movement - <https://lovebirth.de/il-seitai>

Its origins lie in the wisdom of nature, where human beings are in harmony with the divine movement. “Katsugen” is not a figment of our imagination, but rather a state of complete trust and surrender to our inner wisdom.

Katsugen is a spontaneous movement that keeps our body and mind in harmony; it restores our balance without any goal, will, or technique.

